



ORCA INSTITUTE

Hypnotherapy Certification Training

est. 1986


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About the Director



Sheldon Bilsker, RCC,HT is a practicing Counseling Hypnotherapist and Registered Clinical Counselor with 30 years experience in private practice. He is President and Founder of the International Association of Counseling Hypnotherapists and past President of The Canadian Hypnotherapy Association. He is also a member of the Legislative Review committee of the BC Association of Clinical Counselors.

In 1986, Sheldon began training students in hypnotherapy and other therapeutic approaches. It was at this time that he founded Orca Hypnosis Seminars, now The Orca Institute. These training programs are well known throughout British Columbia, Canada and now worldwide for their practical application, broad perspective and high standards.

As both instructor and caring mentor, Sheldon has been instrumental in the present success of many hypnotherapists, counselors and workshop facilitators. In 1992, he was called by the BC Human Rights Commission to testify as an expert witness on hypnosis. His testimony set a legal precedent in BC. Sheldon has written three training manuals in hypnotherapy, as well as numerous articles on hypnosis and related fields. His style of instruction is specifically designed to teach students how to offer "tools" which empower clients and each other to find their own answers. Unique to Sheldon is his eastern body/mind approach to the application of hypnotherapy. By working through the body to affect the mind, he includes an important physical integration and expression of the mental, emotional and spiritual. Sheldon is also known as a keen advocate of complementary health care in British Columbia. This is reflected in his training as he explains and incorporates a wide variety of alternative concepts, giving his students a broad base of understanding on which to build a career.